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## **National Suicide Prevention Week Sept. 7-13**

The Department of Veterans Affairs is promoting National Suicide Prevention Week with a new public service message by actor Gary Sinise, urging veterans in distress to contact the Suicide Prevention Lifeline. Sinise is known for his portrayal of a troubled disabled veteran "Lieutenant Dan" in the motion picture "Forrest Gump."

If you're experiencing an emotional crisis and need to talk with a trained VA professional, the National Suicide Prevention toll-free hotline number, **1-800-273-TALK (8255)**, is now available 24 hours a day, seven days a week. You will be immediately connected with a qualified and caring provider who can help.

More detailed resources, as well as the Sinise video, are available here:  
<http://www.mentalhealth.va.gov/>

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